# STUDY OF COGNITIVE PARAMETERS IN POSTRADIATION PERIOD IN WHITE MICE



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# ABSTRACT

The aim of this study is to identify a dose-and time-dependent correlation betweengammairradiation (5 Gy) induced cognitive parameters and determine role of irradiation in aging process. Using a laboratory whitemouse model, we showed that ionizing radiation exposures causes spatial memory and behavior changes in different age groups of animals. Study revealed Instant reactions of post-radiation recovery and specificity of long term effects after one year of irradiation. Study of cognitive parameters reveled that gamma irradiation decreases spatial learning process and causes radiation aging, what consolidates the contemporary evidence that radiation can accelerate aging and mortality.

Key words: Gamma-irradiation, white mice, cognitive parameters

#### INTRODUCTION

Ionizing radiation has multiple effects on the brain, behavior and cognitive function. These changes are largely dependent on the radiation dose. Studies revealed that ionizing radiation affects the functions of the central nervous system what results in behavior and memory changes. These changes occur as a result of a direct irradiation of the central nervous system and also indirectly as a response to irradiation of other organ systems [1]. Dysfunction of the central nervous system is manifested after the period of low doses radiation exposure. Nowadays, there is an increasing number of evident literature that the response of the central nervous system to the radiation is a continuous and interactive process. Particular attention is paid to apoptotic cell (neuronal) death, as well as, cell death and damage induced by secondary injury [2]. Central nervous system is considered as a radiosensitive system, and the degree of its dysfunction can be evaluated by electrophysiological, biochemical and behavioral parameters. Impairments of these parameters can be observed after local and total irradiation of the whole body [3].Recent studies revealed cranial radiation therapy impact on a wide range of brain functions resulting in cognitive and memory deficiency. Radiation-induced changes develop with a dose-volume-dependent severity.Highdoses of ionizing radiation induce reactive gliosis, white matter necrosis, vascular abnormalities, which are irreversible and result in clinical symptoms[4]. Low doses can also induce a changes wide array of cognitive dysfunctions without any significant morphological [5].Detrimental effects develop after months or years of brain irradiation. Acute, early delayed, and late injuries are observed [6]. Cognitive impairment is revealed in various degrees of learning difficulties, behavior changes, and memory deficits [7]. The presence of cognitive disorders after exposure of high dose irradiation has a connection to the hippocampus glial cells and proliferating progenitor

cells in the subgranular zone of the dentate gyrus Radiation-induced cognitive dysfunctions is agedependent,epidemiological studies revealed that the risk for cognitive disfunctions is higher during prenatal and childhood irradiation [13-14].

Populations of neural stem and progenitor cells located in the sub-granular zone of the dentate gyrus are radiosensitive. Radiation inhibits neurogenesis which results in hippocampal-dependent learning and memory impairment. Other mechanisms regulate the inhibition and/or recovery of neurogenesis and include a variety of stress-responsive of signaling mechanisms that impact the level of neuroinflammation [15].

#### MATERIALS AND METHODS

The experimental protocol was in accordance with the guidelines for care and use of laboratory animals as adopted by the Ethics Committee of the Tbilisi State Medical University (TSMU).

# Animal care and maintenance.

Three month and one year old male mice (Mus musculus), were obtained from Vivarium of Tbilisi State Medical University. They were housed in animal cages, with room temperature maintained at  $20^{\circ}-22^{\circ}$ C, relative humidity of 50-70% and an airflow rate of 15 exchange/h. Also, a time-controlled system provided 08:00-20:00 h light and 20:00-08:00 h dark cycles. All mice were given standard rodent chow diet and water from sanitized bottle fitted with stopper and sipper tubes.

#### **Experimental design**

After acclimatization for a week to laboratory conditions, the mice were divided into six different groups. The first controlgroup of three months old mice not irradiated, second group -experimental group of three months old irradiated mice, third control group of 1 year old mice and fourth experimental group -1 year old irradiated mice, fifth experimental group - of 18 months old mice and sixth group18 month old mice after 1 year of irradiation.Mice whole-body irradiation with <sup>137</sup>Cs was performed at a dose rate of 1,1Gy/min for the total dose of 5 Gy with a "Gamma-capsula-2"(group 2 and 4);

Spatial learning and formation of memory were estimated in the elevated-type multi-way maze.

The maze consists of 10 platforms (40x10 cm) fixed at height 25 cm. The motivation for movement along the maze under test conditions was to go back in the box-nest fixed at the end of the maze. Experiments were carried out seven days (five trials each day). Animals wereplaced in the start point facing the pathway of the maze. The familiarization session consisted free exploration of the start and familiar arms for 10 min. On the first day, experimenter helped the animal to find the optimal way leading to box-nest. Number of errors(deviations from optimal trajectory) and total time for crossing the maze were calculated. Analysis of the obtained numerical data allowed us to estimate dynamics of learning process. Free passing in the labyrinth during 10-15 sec and the achievement of automated behavior was considered as a criterion of complete learning process.

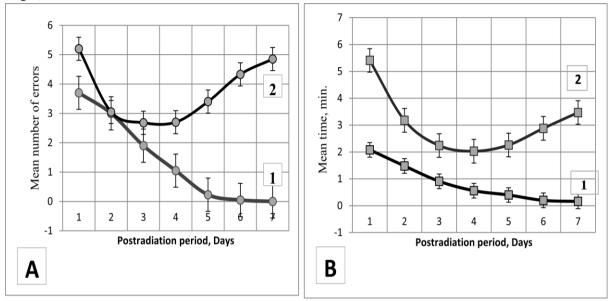
All experimental areas werewiped with 20% ethanol after each trial. All behavioral experiments were conducted during the light cycleafter two hours of acclimation.

#### **RESULTS AND DISCUSSION**

Monitoring of spatial learning process of two animal groups in the elevated maze showed that animals of group I (control group of 3 month old mice;) when placed in the maze for the first time, needed the help of the experimenter only in two trials of the first testing day. Later they independently opened up the new environment and demonstrated research activity. On the 5<sup>th</sup>day mice of control group completely opened up spatial information. Others made not significant errors and the passage time significantly decreased. On the 6<sup>th</sup> and 7<sup>th</sup> days all mice of this group identified shortest way to the target and spent average 0.16 sec. At the end of the experiment, the majority of the animals could pass

# the maze in 2-3 sec.

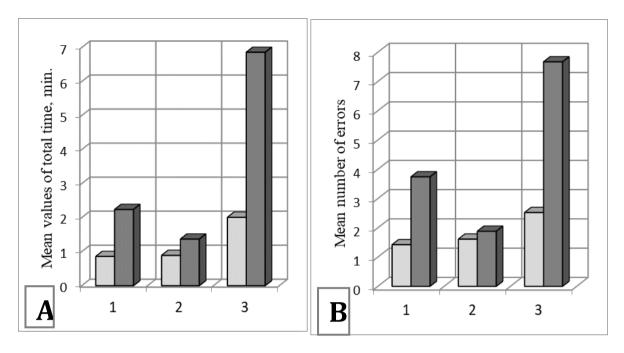
Animals of group II (experimental group of 3month old mice) compared to control group showed restriction of movement. On the first day of experiment mice of this experimental group were not able to learn the way leading to the nest, even from the last platform. On second II-IV days mean number of errors decreased and mice reached the target-nest less than 3 minutes. Improvement of learning process and total mean time needed for crossing the maze was determined by middle part of the maze significantly increased the rate of the path recognition. Though, despite the visible improvement of spatial learning process V-VII days mean number of errors gradually increased and on the7<sup>th</sup>day almost approached the error number results of 1<sup>st</sup> day.Moreover, mean time of crossing the maze increased to 3.31 on 7<sup>th</sup> day of experiment. Despite the visible improvement in spatial learning process on II-IV days results obtained from control group animals differed significantly from the control group in both studied parameters (number of errors and time needed for crossing the maze) (Fig 1).



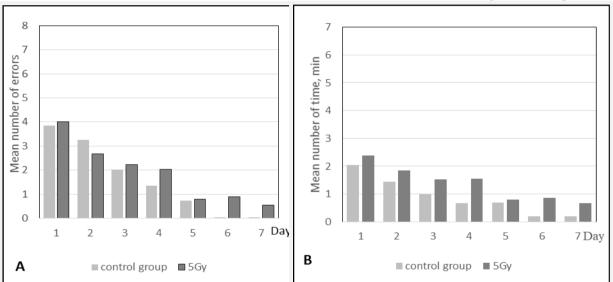
# Fig.1 Effect of gamma-radiation on the cognitive parameters of 3 month old white mice (*During one week period*) A-Mean number of errors in 3 month old mice; B- Mean number of total time for crossing the maze (min).

The same test was carried out in 1 year old mice: Group III (control group of 1 year old mice), and Group IV (experimental group). in animals of control group number of mean errors and mean time for crossing the maze, accordingly, were equal to 3.85 and 2.04 was equal to 3.85. Later they independently opened up the new environment and number of errors decreased and on the 6<sup>th</sup> and 7<sup>th</sup> days mice found the shortest way leading to target and spent average 0.19 sec.

Animals of group IV (experimental group of 1 year old mice) showed decreased number of errors and on the 5<sup>th</sup> day of experimentImprovement of learning process and total mean time was determined:mice reached the target-nest in 0.79 sec and number of errors was the same compared to control group.. On second II-IV days mean number of errors decreased and less than 3 minutes. Improvement of learning process and total mean time needed for crossing the maze was determined by middle part of the maze significantly increased the rate of the path recognition. Though, on VI-VII days mean number of errors and time gradually increased on 6<sup>th</sup> and 7<sup>th</sup> days of experiment (Fig 2).



**Fig.2. Effect of gamma-radiation on the cognitive parameters of 1 year old white mice** (During one week period)





A- Effect of gamma-radiation on mean value of errors; B- Effect of gamma-radiation on mean number of time; 1-Changes after irradiation in 3 month old mice; 2- Changes after irradiation in 6 month old mice. 3- Changes after 1 year of irradiation.

In Sixth experimental group mean value of total time significantly increased in comparation to control group from 2.01 min to 6.86 min. The same results were obtained when comparing mean time of errors. After one year of irradiation spatial learning process significantly decreased in comparation to 3 and 6 monthold mice (Fig.3).

# CONCLUSION

The results support that ionizing irradiation with total dose 5 Gy results in delayed spatial learning process in different age groups. Using a laboratory whitemouse model, we showed that ionizing radiation exposure causes spatial memory and behavior changes in different age groups of animals. Study of cognitive parameters reveled that gamma irradiation can be considered as a factor inducing radiation aging, what consolidates the contemporary evidence that radiation can accelerate aging and mortality.Dynamics of post-radiation effect formation can be divided intoshort and long-term effects. Age related radio resistance plays major role in the early stage of post-radiation recovery. Though, the main mechanism of late radiation effect formation can be related to radiation aging process.

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